

# Benefits of Buying Microdosing Mushrooms Online

The practice of ingesting small, semi-regular doses of psychedelics has been steadily growing in popularity. Microdosing is powered by the belief that tiny, sub-perceptible doses can reduce anxiety and depression while boosting focus and creativity.

Microdosers often share their experiences on online forums. For example, they post about their dosage, dosing frequency, and how it works.



## Convenience

[Microdosing mushrooms](#) are becoming an increasingly popular practice. It's a form of psychedelic drug consumption that's often discussed online. However, it's largely a community-based practice taking off among mostly healthy women, many of whom say it has helped them cope with the demands of raising children.

The main problem with microdosing mushrooms is that it's difficult to regulate them outside of a clinical setting. It's also hard to know what's being used and how much, especially if you're buying it from an unregulated source. The best way to avoid these problems is to buy spores from a legitimate vendor. There are plenty of Reddit groups, Facebook groups and other websites where you can purchase spores for your experiments.

In addition, some mushroom growing kits allow you to cultivate your strains of mushrooms at home. However, these kits are expensive and can take months to produce a single harvest. You may find cheaper options online, but you should always research before purchasing.

## Affordability

When you buy mushrooms online, you can be sure that the products will be delivered to your doorstep safely. Moreover, you will get great discounts compared to buying them from local

backyard dealers or growers. Currently, many online mushroom sellers offer microdosing capsules and dried mushrooms for sale at an affordable price. They also offer mushroom gummies and chocolates that are made specifically for microdosing.

For example, Canada-based SHAFAA offers a wide range of microdosing mushrooms at a reasonable price. Additionally, they also provide excellent customer service. Currently, the psilocybin mushroom market is expanding in Canada, even though it remains illegal to sell these drugs commercially.

As a result, mushroom dispensaries have popped up in cities like Vancouver. In addition to these dispensaries, underground operators are increasingly selling spores and psychedelic mushrooms online via digital marketplaces. They also use pop-up events and community circles to bolster their sales.

## Safety

Microdosing is a popular practice that involves taking psilocybin mushrooms at a dose too low to cause hallucinations but enough to sharpen perception and increase serotonin, proponents say. As a result, it has become increasingly accepted in mainstream American media, among some politicians and even in homes.

Many mushroom enthusiasts report that microdosing can decrease anxiety, increase creativity and lower depression symptoms. A recent study in *Nature: Scientific Reports* found that people who took microdoses of psilocybin improved across the DASS domains of depression, stress and anxiety compared with those who did not.

However, it is important to note that microdosing mushrooms can cause long-term effects such as Hallucinogen persisting perception disorder (HPPD), characterized by recurring hallucinations weeks, months or even years after you have stopped using the drug. Because magic mushrooms are not legal, it is important to understand their risks. Therefore, it is important to consult experts on the substance before using it.

## Customer Service

Customer service is critical to any business, and bad customer experiences aren't just annoying for customers. They can also deter them from returning for future purchases, causing your business to lose out on sales and referrals.

A great customer service team works hard to anticipate what customers need and how they want it delivered, including promptly providing helpful information. One way to do this is to provide multiple communication channels for customers to reach out. This ensures that customers can quickly find the answers they're looking for, even if their question is complex.

It's also important to remember that only some customers will have the same experience. Keeping your customers happy is a key part of maintaining a long-term relationship with them, and you can do this by offering excellent customer service through every touchpoint. Whether email, phone or chat, delivering exceptional customer service helps your business grow faster than ever.